

RESOURCE GUIDE



Office of
Mental Health



Albany County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Capital District Psychiatric Center

Crisis Unit & Mobile Crisis Team

Available 24/7

518-549-6500

Ellis Hospital—Living Room Program

For adults in crisis.

Walk-in hours Monday-Friday 10am-6pm.

1023 State Street Schenectady

518-243-1523

New York State Crisis Text Line

Crisis texting service, available 24/7

<https://chat.988lifeline.org/>

Mental Health Treatment & Rehabilitation

Rehabilitation Support Services (RSS)

Outpatient clinic and groups

314 Central Ave Albany

518-462-1094

Equinox

Outpatient clinic and groups

500 Central Ave Albany

518-435-9931

Albany County Dept. of Mental Health

Mental Health and Substance Use Treatment

175 Green St

260 South Pearl St

518-447-4555

Capital District Psychiatric Center

Outpatient clinic

75 New Scotland Ave Albany

518-549-6400

Mon 8am-7pm T-F 8am-6pm

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Peer Support Services

Mental Health Empowerment (MHEP)

Peer support, advocacy
204 Second Street Albany
518-434-1393
Peer support line: 528-268-1663 M-S 9 am-9 pm

Albany County Dept. of Mental Health

Peer support services, benefits counseling
260 South Pearl Street
518-477-4555

Capital Area Peer Services (CAPS)

Drop in center, Community Residence, Peer-run warmline
354 Central Avenue Albany
518-427-5056
Peer support line: 518-427-5056 X115 5pm-1 am

Families Together in NYS

Advocacy, family and peer support, workforce development
737 Madison Ave
Albany NY 12208
518-432-0333

Addiction or Substance Use Treatment and Support

The Addiction Care Center (ACCA)

Medication Assisted Treatment, residential, family support
IOP: 518-434-2367
Men's residence : 90 McCarty Ave: 518-434-8083
Women's residence: TREE HOUSE 518-465-5407

Hope House, Inc.

Outpatient and residential treatment
877 Madison Ave Albany
518-427-8207

St. Peter's Addiction Recovery Ctr (SPARC)

Outpatient & inpatient treatment, medical detox, residential treatment.
845 Central Ave Albany
518-482-2455
Offices in Albany, Guilderland, Latham, Cohoes

Catholic Charities-Project Safepoint

Overdose prevention, HIV testing, peer support, syringe exchange, Buprenorphine access
100 Slingerland Street Albany
518-449-3581 ext. 130

Other Services

Trinity Alliance (WALC) Wellness Advocate Linking Community

47 Lark Street/200 So Pearl Street/15 Trinity Place
518-487-411 M-F 9-5.
Insurance asst, advocacy, transportation, food, support

Mental Health Housing

All referrals go through SPOA
175 Green Street Albany
518-477-4537

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



Get Connected. Get Help.™